

PRICE LIST OF SERVICES

OBSTETRICS

<i>Cervical stitch / LOS up to 2 days</i>	<i>3 000,00 PLN</i>
<i>Delivery + LOS up to 2 days</i>	<i>6 500,00 PLN</i>
<i>Epidural analgesia of labour (when medically recommended or on patient's request)</i>	<i>1 200,00 PLN</i>
<i>Caesarean delivery (elective and emergency) + LOS up to 3 days</i>	<i>9 000,00 PLN</i>
<i>Treatment in the Obstetrics Department (Perinatal Section) – first 24h</i>	<i>2 500,00 PLN</i>
<i>Treatment in the Obstetrics Department (Perinatal Section) – subsequent 24h periods</i>	<i>600,00 PLN/24h</i>
<i>Patient's stay in the Obstetrics Department – subsequent 24h periods</i>	<i>600,00 PLN / 24h</i>

NEONATOLOGY

<i>Newborn care – birth weight over 2500g - up to 2 days</i>	<i>2 500,00 PLN</i>
<i>Newborn care – birth weight 2000g - 2500g - up to 2 days</i>	<i>3 000,00 PLN</i>
<i>Newborn care – birth weight 2000 g and over - subsequent 24-hour periods</i>	<i>600,00 PLN / 24h</i>
<i>Newborn intensive care</i>	<i>1 500,00 PLN / 24h</i>
<i>Newborn care – below 37 Hbd or/and birth weight below 2000g up to 30 days</i>	<i>1 500,00 PLN/ 24h</i>
<i>Newborn care – below 37 Hbd or/and birth weight below 2000g - subsequent 24-hour periods</i>	<i>1 000,00 PLN/ 24h</i>
<i>Newborn care – below 28 Hbd or/and birth weight below 1000g up to 30 days</i>	<i>4 000,00 PLN/ 24h</i>
<i>Newborn care – below 28 Hbd or/and birth weight below 1000g up to 31-60 days</i>	<i>1 500,00 PLN/ 24h</i>
<i>Newborn care – below 28Hbd or/and birth weight below 1000g - subsequent 24-hour periods</i>	<i>1 000,00 PLN / 24h</i>

GYNECOLOGIC DIAGNOSTICS

<i>Gynecologic diagnostics (i.a., qualification and preparation for a surgical procedure) (LOS 1day)</i>	<i>2 000,00 PLN</i>
<i>SONO HSG - hysterosalpingography – evaluation of the uterine cavity structures and the Fallopian tubes patency, under general anesthesia</i>	<i>2 000,00 PLN</i>

GYNECOLOGIC PROCEDURES

<i>Cervical conization</i>	<i>3 000,00 PLN</i>
<i>Curettage of the cervical canal and the uterine cavity, sampling biopsy specimens, histopathological examinations (LOS 24h)</i>	<i>2 000,00 PLN</i>
<i>Insertion of an intrauterine device (LOS 24h, price of the device included, under general anesthesia)</i>	<i>2 500,00 PLN</i>

HYSTEROSCOPIES

<i>Diagnostic hysteroscopy (LOS up to 2 days)</i>	<i>4 000,00 – 5 000 PLN</i>
<i>Surgical hysteroscopy (LOS up to 2 days)</i>	<i>4 000,00 – 5 000 PLN</i>

GYNECOLOGIC OPERATIONS

<i>Other uncommon operations not included in the price-list*</i>	8 000,00 – 12 000,00 PLN
<i>Diagnostic laparoscopy (LOS up to 2 days)</i>	8 000,00 – 12 000,00 PLN
<i>Laparohysteroscopy</i>	8 000,00 – 20 000,00 PLN
<i>Laparoscopic repair of cesarean section scar</i>	8 000,00 – 18 000,00 PLN
<i>Surgical treatment of urinary incontinence (LOS up to 3 days)</i>	7 500,00 – 10 000,00 PLN
<i>Adnexal operations, abdominal and laparoscopic myomectomy (LOS up to 4 days)</i>	8 000,00 – 18 000,00 PLN
<i>Circular cervical suture (LOS up to 3 days)</i>	6 000,00 – 7 000,00 PLN
<i>Transabdominal cervicoisthmus cerclage</i>	8 000,00 – 12 000,00 PLN
<i>Abdominal / vaginal / laparoscopic total or sub-total hysterectomy (LOS up to 4 days)</i>	8 000,00 – 18 000,00 PLN
<i>Surgical enucleation of Bartholin's gland cyst (LOS up to 2 days)</i>	2 500,00 – 3 500,00 PLN
<i>*The cost of the procedure is determined individually during consultation depending on the kind of planned operation and the severity of patient's condition</i>	

ENDOMETRIOSIS

<i>Uncommon operations, i.a., surgical procedures for endometriosis (LOS up to 5 days)</i>	8 000,00 – 45 000,00 PLN*
<i>*The cost of the procedure is determined individually during consultation depending on the kind of planned operation and the severity of patient's condition</i>	

COLPOPERINEOPLASTY

<i>Labiaplasty (LOS up to 3 days)</i>	7 000,00 – 10 000,00 PLN
<i>Surgical treatment of genital prolapse (LOS up to 4 days)</i>	9 000,00 – 12 000,00 PLN
<i>Surgical treatment of genital prolapse using biomedical materials (LOS up to 4 days)</i>	10 000,00 – 13 000 PLN
<i>Aesthetic colpoperineoplasty*</i>	9 000,00 – 12 000 PLN

OTHER SERVICES

<i>Extra charge for accommodation in a family room or a premium single-patient room</i>	
<i>24h</i>	1000,00 PLN
<i>Doctor consultation in the Emergency Room</i>	260,00 PLN
<i>Doctor consultation in the Emergency Room with ultrasound</i>	350,00 PLN
<i>Doctor consultation in the Emergency Room with immunoglobulin GAMMA ANTY-D 50 given</i>	450,00 PLN
<i>Doctor consultation in the Emergency Room with immunoglobulin GAMMA ANTY-D 150 given</i>	575,00 PLN
<i>Medical treatment in the Gynecology Department – first 24h</i>	2 500,00 PLN
<i>Medical treatment in the Gynecology Department – subsequent 24-hour periods or a longer stay following an operation or a procedure</i>	600,00 PLN / 24h
<i>Performance of an operation by a chosen doctor (does not include the cost of the operation itself)*</i>	1 000,00 PLN*
<i>Performance of a procedure by a chosen doctor (does not include the cost of the procedure itself)*</i>	500,00 PLN*
<i>Performance of an operation by a chosen doctor – a professor or an associate profesor (does not include the cost of the operation itself)*</i>	1 500,00 PLN*
<i>Application of anti-adhesion prophylaxis</i>	800,00 PLN
<i>Analgesia for minor procedures</i>	1 200,00 PLN

**Operative procedure with the participation of "Żelazna" Medical Center consultant doctor*

AMBULATORY SERVICES

<i>Andrologic consultation</i>	<i>200,00 – 250,00 PLN</i>
<i>Dermatological consultation</i>	<i>250,00 PLN</i>
<i>Dietary consultation – 1st visit</i>	<i>190,00 PLN</i>
<i>Dietary consultation – subsequent visits</i>	<i>160,00 PLN</i>
<i>Personalized menu – 7 days</i>	<i>180,00 PLN</i>
<i>Personalized menu – 14 days</i>	<i>250,00 PLN</i>
<i>Nutrition plan with dietary recommendations</i>	<i>290,00 PLN</i>
<i>Genetic consultation (adults and children)</i>	<i>160,00 PLN</i>
<i>Gynecologic consultation - Outpatient Clinic</i>	<i>200,00 PLN – 450,00 PLN</i>
<i>Lactation consultation</i>	<i>180,00 PLN</i>
<i>Lactation consultation – twins</i>	<i>240,00 PLN</i>
<i>Frenectomy during the lactation consultation</i>	<i>100,00 PLN</i>
<i>Adult ophthalmology consultation</i>	<i>280,00 PLN</i>
<i>Midwife consultation (a visit included in midwife-led antenatal care program)</i>	<i>180,00 PLN</i>
<i>Midwife consultation (Gender planning)</i>	<i>180,00 PLN</i>
<i>Psychological consultation</i>	<i>150,00 PLN</i>
<i>Couple therapy consultation</i>	<i>225,00 PLN</i>
<i>Sexological consultation</i>	<i>150,00 PLN</i>
<i>Adult rehabilitation consultation</i>	<i>220,00 PLN</i>
<i>Children neurological consultation</i>	<i>220,00 PLN</i>
<i>Neurologopedic consultation</i>	<i>180,00 PLN</i>
<i>Pediatric ophthalmology consultation</i>	<i>280,00 PLN</i>
<i>Pediatric consultation</i>	<i>190,00 – 250,00 PLN</i>
<i>Pediatric rehabilitation consultation</i>	<i>180,00 PLN</i>
<i>Consultation of the frenulum of the tongue with frenotomy (after referral from a lactation consultant)</i>	<i>250,00 PLN</i>
<i>Infectious disease specialist consultation</i>	<i>200,00 PLN</i>
<i>Adult vaccination qualification (BOOSTRIX)</i>	<i>130,00 PLN</i>
<i>Kinesiology taping</i>	<i>50,00 – 80,00 PLN</i>
<i>Therapeutic massage in pregnancy</i>	<i>200,00 PLN</i>
<i>Newborn massage - individual lessons for parents (60 min) - 1 parent + child</i>	<i>250,00 PLN</i>
<i>Newborn massage - individual lessons for parents (60 min) - 2 parents + child</i>	<i>300,00 PLN</i>
<i>Integrative scar therapy - first visit (60 min)</i>	<i>200,00 PLN</i>
<i>Integrative scar therapy - subsequent visit (60 min)</i>	<i>150,00 PLN</i>
<i>SONO HSG</i>	<i>600,00 PLN</i>
<i>SONO HSG WITH LIPIODOL</i>	<i>2 690,00 PLN</i>
<i>Pelvic floor muscle physical therapy</i>	<i>200,00 PLN/40 min</i>
<i>Package: Pelvic floor muscle physical therapy (3 visits)</i>	<i>540,00 PLN</i>
<i>Package: Pelvic floor muscle physical therapy (5 visits)</i>	<i>850,00 PLN</i>
<i>Qualification visit for childbirth at the Birth Centre</i>	<i>200,00 PLN</i>
<i>Issuing a medical certificate</i>	<i>50,00 PLN</i>
<i>*Consultation in foreign language</i>	<i>50,00 PLN (extra charge)</i>

PHOTOTHERAPY

<i>BiliSoft – socket/ 1 pc.</i>	<i>3,00 PLN</i>
<i>BiliSoft – pad cover/ 1 pc.</i>	<i>3,00 PLN</i>
<i>BiliSoft – lamp rental (service only available for patients under diagnostic and healing process in „Żelazna” Medical Center)</i>	<i>100,00 PLN</i>
<i>BiliSoft – goggles/ 1 pc.</i>	<i>6,00 PLN</i>

PAIN MANAGMENT CLINIC

<i>Consultation – 1st visit (40 min)</i>	<i>300,00 PLN</i>
<i>Consultation – subsequent visit (20 min)</i>	<i>250,00 PLN</i>
<i>Treatment visit (20 min)</i>	<i>250,00 PLN</i>
<i>Peripheral block (suprascapular, occipital, abdominal wall, erector spinae, knee nerves)</i>	<i>600,00 PLN</i>
<i>Pudendal nerve block</i>	<i>800,00 PLN; mutually – 1000,00 PLN</i>
<i>Central locking via cross hiatus</i>	<i>800,00 PLN</i>
<i>Central blockade of the stellate ganglion</i>	<i>800,00 PLN</i>
<i>Urinary bladder enemas</i>	<i>200,00 PLN</i>

PRELUXATION CLINIC

<i>Orthopedic visit with usg examination</i>	<i>350,00 PLN</i>
<i>Orthopedic subsequent visit with usg examination</i>	<i>350,00 PLN</i>
<i>Install the orthosis after a previous examination</i>	<i>100,00 PLN</i>
<i>Follow-up visit after starting to walk</i>	<i>250,00 PLN</i>
<i>Follow-up visit after starting to walk + usg examination</i>	<i>350,00 PLN</i>

OTHER SERVICES

<i>Endometrial aspiration biopsy - pielle</i>	<i>320,00 PLN</i>
<i>After atropine examination</i>	<i>30,00 PLN</i>
<i>Electrocoagulation</i>	<i>350,00 PLN</i>
<i>Colposcopy with consultation</i>	<i>250,00 – 330,00PLN</i>
<i>Cryotherapy</i>	<i>350,00 PLN</i>
<i>Cryotherapy – skin change up to 1 cm (small change)</i>	<i>75,00 PLN</i>
<i>Cryotherapy – skin change (big area)</i>	<i>200,00 PLN</i>
<i>Cryotherapy – skin change (continuation of therapy)</i>	<i>30,00 PLN</i>
<i>Urodynamic examination</i>	<i>800,00 PLN</i>
<i>Cubical pessar</i>	<i>180,00 PLN</i>
<i>Obstetric pessar</i>	<i>210,00 PLN</i>
<i>Intramuscular injection</i>	<i>30,00 PLN</i>
<i>Skin change removal</i>	<i>250,00 PLN</i>
<i>Vulvoscopy</i>	<i>150,00 PLN</i>
<i>Contraceptive vaginal ring insertion</i>	<i>100,00 PLN</i>
<i>Non-hormonal intrauterine device insertion (includes chosen doctor visit and the device)</i>	<i>600,00 PLN</i>

<i>Patient's non-hormonal intrauterine device insertion (includes chosen doctor visit)</i>	500,00 PLN
<i>Mirena or other hormonal intrauterine device insertion (includes chosen doctor visit and the device)</i>	1200,00 PLN
<i>Patient's Mirena intrauterine device insertion (includes chosen doctor visit)</i>	500,00 PLN
<i>Removal ring insertion</i>	100,00 PLN

TELEPHONE MEDICAL CONSULTATION AND ONLINE SERVICES

<i>Gymnastic exercises (online)</i>	25,00 PLN / 1 class
<i>Gynecologic consultation (phone call)</i>	150,00 – 300,00 PLN
<i>Lactation consultation (phone call)</i>	110,00 PLN
<i>Urogynecological physiotherapist consultation</i>	150,00 PLN
<i>Pregnancy yoga (online)</i>	30,00 PLN / 1 class
<i>Postnatal yoga for mothers with children</i>	30,00 PLN / 1 class
<i>Birth school in a nutshell (online)</i>	450,00 / course
<i>Individual preparation for childbirth (online)</i>	600,00 PLN
<i>Individual preparation for childbirth (online) in english</i>	700,00 PLN
<i>Webinar with a physiotherapist</i>	60,00 PLN
<i>Webinar for teenage girls</i>	20,00 PLN
<i>Online „Birth rehearsal” workshop</i>	120,00 PLN
<i>Lactation consultation (online)</i>	150,00 PLN
<i>Recipe advice</i>	50,00 PLN

HOME VISITS

<i>Individual preparation for childbirth</i>	700,00 PLN
<i>Individual preparation for childbirth in English</i>	800,00 PLN
<i>Post-partum nursing visit</i>	300,00 PLN / 2h 120,00 PLN / each subsequent hour
<i>Lactation visit</i>	300,00 PLN (up to 2h) 120,00 PLN/ each subsequent hour
<i>Lactation visit/twins</i>	400,00 PLN PLN (up to 2h)
<i>In-home suture removal</i>	150,00 PLN
<i>In-home suture removal (during nursing or lactation visit)</i>	120,00 PLN

COURSES AND GROUP CLASSES

<i>Birth School</i>	600,00 PLN
<i>Individual preparation for childbirth (stationary)</i>	700,00 PLN
<i>Individual preparation for childbirth (hybrid)</i>	700,00 PLN
<i>Weekend Birth School</i>	700,00 PLN
<i>Weekend Birth School in English (weekend)</i>	700,00 PLN
<i>Parent Education Workshops</i>	80,00 / person 160,00 PLN / couple
<i>Complementary course for women qualified for Caesarean delivery</i>	300,00 PLN

<i>Birth Rehearsal (breathing and relaxation exercise – 1 meeting)</i>	120,00 PLN / person 200,00 PLN / couple
<i>Birth Rehearsal workshops</i>	170,00 PLN / person 250,00 PLN / couple
<i>Babywearing workshops</i>	180,00 PLN / person 250,00 PLN / couple
<i>Pregnancy fitness classes</i>	40,00 PLN / 1 class 120,00 PLN / pass (4 classes)
<i>Pregnancy yoga *</i>	55,00 PLN / 1 class 200,00 PLN / pass (4 classes)
<i>Postnatal yoga*</i>	55,00 PLN / 1 class 200,00 PLN / pass
<i>Shantala massage for infants – 4 meetings</i>	250,00 PLN
<i>First aid course for children (4h)</i>	200,00 PLN / person
<i>Pelvic floor muscle rehabilitation</i>	120,00 PLN / month
<i>*Classes in English</i>	80,00 PLN / 1 class 300,00 PLN / pass (4 classes)